



TERM 4, 2025

O K I N E S COMMUNITY HOUSE

Supported by



Tasmanian
Government



Neighbourhood
Houses
Tasmania

*Funded by the Crown through the DEPARTMENT of PREMIER AND CABINET TASMANIA
Servicing the Southern Beaches including Lewisham - Forcett - Carlton - Dodges Ferry - Primrose Sands*

Spring Edition

Strategic Plan 2025-2030, Meet the Team, Volunteer Stories, What's on, News & Updates from the Board, House, Garden, Co-op, Bike Shed, Events and more!



Our Mission - We are grounded in country and driven by connection - a safe space for diverse ideas, shared action, and deep belonging.

Our Vision - Connected People and Place

Our Values - Open, Kind, Resilient, Resourceful and Fun!

Acknowledgement of Country

Okines Community House Inc. acknowledges that, as a community, it is a privilege to live, work, and meet on the land, sea, and waterways of the Mumirimina people. We pay deep respect to the traditional owners of these places, to the many Aboriginal people who did not make elder status due to the impacts of invasion and colonisation, and to those that continue to care for Country.

We extend that respect to all Aboriginal and Torres Strait Islander peoples today.

Statement of Commitment to Child Safety

At Okines Community House, every child has the right to be safe and feel safe. We are committed to providing a safe, welcoming, supportive and inclusive environment for children and young people.

Thanks for Your Support

Okines Community Kitchen - Thank you to our local Richmond Bakery, Foodbank, and Loaves & Fishes for helping make this weekly initiative happen.

Breakfast Club - Thank you to our local Richmond Bakery, Banjo's Sorell, and Homelands Property for helping to keep this important program running.

To all of our wonderful volunteers, who generously give their time to help our space thrive - we greatly appreciate you all!

Thank you to Brian Mitchell for kindly printing our Newsletter for us!



Shadow Minister for TAFE, Skills & Training; Small Business

P: (03) 6212 2225 E: brian.mitchell@parliament.tas.gov.au

Submissions for the Newsletter

Have something you'd like included in the newsletter? Email it to events@okinescommunityhouse.org.au

BOARD UPDATE



Following the Annual General Meeting on 24th September 2025 our current Board members are:

- Christine Woodcock - President
- Sharon Phelps - Vice President and Secretary
- Martin Bishop - Treasurer
- Bill Thomas - Public Officer
- Will Kingston
- Colm O'Shiel
- Lucy McLelland
- Alison McCrindle
- Ashley Berwick
- Jessica Fitzgibbon



Ashley and Jessica joined the Board at the AGM, and we welcome both of them and look forward to their input.

We now have a full complement of Board members who will be able to work together to ensure that the governance of the House is in order and that Okines continues to grow from strength to strength.

A new strategic plan has been developed over the last few months and is now complete and available for all. A big thank you to the Board members for their additional time and efforts. A special thank you to Lissa and her team for their input and to all the community members who have made suggestions and amendments along the way. This is a five-year strategic plan, and the staff are now putting together an Operational Plan to complement it. I look forward with eager anticipation as we move forward.

Staff, Board members and volunteers are working together to promote Okines Community House, Bike Shed, Food Co-op and Garden as one entity.

There are lots of different programs and activities on offer in Term 4 and I hope that members of the community will be happy to participate.

Regards

Christine Woodcock

Christine Woodcock
President

UPDATES FROM OKINES

Happy Spring! The garden is flourishing, the winds are blowing and we have lots of exciting things happening at Okines.

We have had a busy few months and are delighted to share our reviewed, updated, and finalised Mission, Vision & Values for our Strategic Plan 2025-2030! This process started back in May with a Strategic Planning Session, continued on with a small working group who pulled together the first version which we tested with our community in August. We had a fantastic response during that week with lots of good input and feedback which we have incorporated into the final version, which we are excited to share. A huge thank you to everyone who has been involved, and we look forward to working together on the priorities identified over the next few years.

We have also had quite a few successful grant applications come through, which will enable some great new projects and infrastructure improvements here at Okines!

- Stronger Communities Grant from the Australian Government for improving garden accessibility. This work has already started, with paths widened and resurfaced, a new ramp installed, and safety markings added.
- Quick Wins Grant through the Tasmanian Government Regional Drought Resilience Planning Program to create a garden gathering and event area (come check out our new stage at the December 5th Soiree), improve water storage and irrigation and increase skills in water wise gardening.
- Strengthening Rural Communities Grant through the FRRR to strengthen our community's climate resilience. The project will allow us to work with the palawa community, local organisations and interested community members to better understand our risks, create a shared vision, and take action to improve our resilience.
- Mental Health Week Grant to run a series of wellbeing workshops and activities led by local facilitators.
- \$90,000 grant from the Tasmanian Government to upgrade our Community Kitchen facilities, expand the Food Co-op, and more as part of a food relief to food resilience project.

We also had some great free events recently including a booked out Pinot & Perimenopause talk with Dr. Hannah Chapman, the Grow & Learn Forum, Repair Café, Clothes Swap and the always wonderful monthly Dodges Ferry Flicks and Co-op Coffee Shop Open Mic sessions. There is always so much happening here, so we hope to see you soon! We are always in need of more volunteers, so if you'd like to get involved, we'd love to hear from you!

With gratitude, Lissa



Strategic Plan 2025-2030

Our Mission

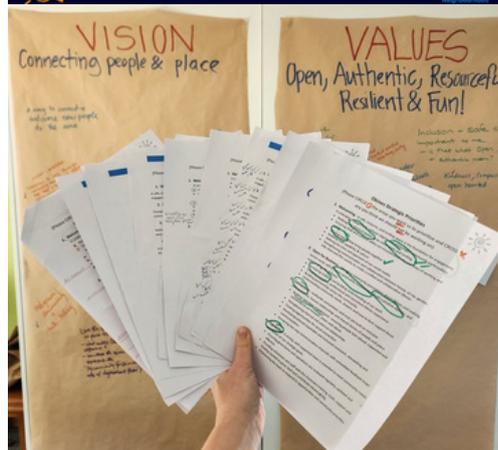
We are grounded in country and driven by connection - a safe space for diverse ideas, shared action, and deep belonging.

Our Vision

Connected People and Place

Our Values

Open, Kind, Resilient, Resourceful and Fun!



Community Pantry Primrose Sands

We have recently finished the 10-week trial of offering a Community Pantry Pop-up at Primrose Sands to enable more people to access our food assistance program. The trial was funded by the Tasmanian Government's Community Food Relief grant and proved a huge success!

Pop-Up



The trial saw approximately 250 visits from community members accessing food assistance overall. Numbers steadily increased each week over the 10 weeks as word spread. A range of free food was offered weekly including fresh fruit and vegetables, bread and bakery products, pre-prepared meals, and pantry items.

Survey results reflected the great success of the trial, with 100% of respondents saying they found the program very helpful – particularly in terms of access to food and cost savings. Other feedback showed that people had a greater quantity and variety of food and a reduction in financial stress because of the pop-up.

People also reported increased social connection and shared how much they valued the chance to see and talk with other people at the pop up. Several people reported feeling isolated in the community because of a lack of private and public transport, living alone, health issues, or having caring responsibilities. Many of these factors are an ongoing barrier to accessing our Dodges Ferry Community Pantry Food Assistance Program, and 100% of people surveyed said they would continue to use the Primrose Sands pop-up if it continued.



So what now?

We would like to thank and acknowledge our amazing volunteers who did such a great job welcoming community members, transporting supplies and managing the pop up over the period of the trial, as well as the Primrose Sands Hall Committee for offering in-kind use of the Primrose Sands Community Hall.

It was great to have funding to start this initiative but **now we need support from the community to keep it going!** Two local families have generously offered to help support our food assistance program through weekly financial contributions totalling \$120, but we will need additional support to have enough food supplies to meet the demand and keep the pantry operating at Primrose.



How you can help!

If we had 10 people contribute \$5-\$10 a week it would make all the difference. We would also welcome donations of shelf-stable pantry items, toiletries, or excess produce from keen gardeners.

If you can help, contact us at info@okinescommunityhouse.org.au, call (03) 6265 7016 or contribute to our Go Fund Me : <https://gofund.me/1cf5df33e>

MEET THE TEAM HERE AT OKINES

Okines is made up of an amazing team of staff & volunteers, so we asked a few of them to introduce themselves to you!

CONNECTION & ADMIN OFFICER



Hello from Diana! So happy to be living and working once again in the local community. I'm a frequent visitor to Okines Community House and Food Co-op, and in December I made the move to Dodges Ferry. I loved living in the area when my children went through primary school and feel like I have come home again.

I started in my new role in July and feel immensely privileged to have such a great team and great community around me – and be 5 minutes from home!! This is such an amazing place! This job continues 30+ years of Community Services work for me.

Some may also know me in recent years as the “Kombucha Lady”! I have been a reflexologist and natural therapist here and in Qld and NSW. Southern Beaches is such a wonderful corner of the world for community, sustainable living and well-being. Getting involved in social advocacy and environment campaigns is also a big part of my life .

I'm job sharing with the beautiful Maura – come and say hello and share some stories with us!

info@okinescommunityhouse.org.au

BIKE REPAIR PROJECT OFFICER

My name is Katrina, and I've been a volunteer at Okines since January 2025. I love being part of the Okines community – working with wonderful volunteer colleagues and Okines staff in the Community Garden, Bike Repair Shed, School Breakfast Club and the Community Pantry. Most recently I've assisted with running the Community Pantry pop-up at Primrose Sands and it's been lovely to get to know some of the community there I am also a retired teacher and taught at schools in Smithton, Bothwell, and Hobart's Northern Suburbs. I'm a keen cyclist, gardener, and reader. I am excited to continue the contributions I make to the Bike Shed and wider Okines community.



VOLUNTEER SPOTLIGHTS

MEET GAYE WEBB



What made you want to volunteer at Okines?

I had a change of life in my early 60s and needed to find something to make me feel good about myself again. I knew there were opportunities at Okines Community House for me to explore. I decided to volunteer my time in the beautiful community garden, the food co-op and the food assistance program.

What do you think Okines does for our community?

I love the way Okines Community House has lots of weekly programs that encourage people to get involved in things they enjoy. These programs bring us together to form new friendships and gain new skills. The Office door is always open for people to drop in and be supported when needed.

What have the benefits been for you?

The benefits I have gained in the 17 months of volunteering here can be seen as self-growth.

What's the best thing about volunteering here?

The best thing about volunteering at Okines is meeting wonderful supportive people. I feel like I am more involved in the community by giving my time freely for the benefit of others. The community garden is a place of healing. I have regained my sense of self through being able to express my creativity in the areas of the garden I have helped transform. I'm glad I took the initiative to sign up as a volunteer at Okines Community House.

MEET BILL THOMAS



What made you want to volunteer at Okines?

I was approached to join the Board around four years ago and, being retired with time on my hands, I tentatively agreed, having little knowledge of what was involved.

It was a rather steep learning curve. I am still learning heaps, but the experience has been extremely rewarding, and I have made some wonderful friends from my time at Okines.

What do you think Okines does for our community?

Okines is a valuable and very important part of the Southern Beaches Community and does amazing work. From the Garden to the Co-op to the Bike Shed, to linking people through so many different activities, not to mention assisting those less fortunate, I am so proud to be involved with such a progressive and nurturing organisation.

What have the benefits been for you?

Personally, I feel I have grown in confidence meeting people from so many different walks of life and being asked to take responsibility in areas I would previously never have considered.

What's the best thing about volunteering here?

Meeting so many different and interesting people. Everything about Okines is such a positive experience and I love the whole Neighbourhood House organisation and all it stands for. I love how our House welcomes anyone from anywhere and will go out of its way to help wherever it can.



Spring Greetings

From the Community Garden Team

Hello to all fellow gardeners, and welcome to spring - the season every gardener looks forward to when we see an explosion of growth.

Here in our garden, we have been busy fertilising all of our fruit-producing trees and have been rewarded with many flowers on our plum, apple, cherry and pear trees. Hopefully the winds won't affect the production of fruit too much.

We have been planting many summer vegies, including pumpkin, zucchini, squash, cucumbers, and tomatoes. Ready for harvest at the moment are peas, silver beet, asparagus, spinach, radish, broccoli, mustard greens and a variety of herbs. Our donation box resides in the centre of the garden to assist us in continuing to provide food for our community. We are also seed saving and packaging seeds for sale. Our chooks are laying well at the moment, and we are selling excess eggs for \$6 dozen. We are also selling bottles of nutritious worm juice to feed your veggies.

We would like to thank all our dedicated volunteers who assist us in the never-ending work that it takes in a garden to produce healthy organic food. Thanks to our community who continue to provide kitchen scraps to our compost heaps. Thanks also to Ray for the pigeon manure and Jo from Carlton for horse manure, as well as Dodges Bakery for coffee grounds and eggshells. Thanks also to Torenus Timber for donations of sawdust and tomato stakes.

We have had several successful grants that have allowed us to resurface our main garden path and purchase an extra rainwater tank.

Sadly, it will not be possible to continue DiGnity at the moment, due to a lack of funding, however we know that many locals enjoy meeting and catching up with friends, so the DiGnity team hope to offer informal cuppa and catch ups in the garden - so watch this space!

Our recent Spring Planting Workshop was attended by many locals who enthusiastically joined in with seed sowing for the upcoming summer crops. Thank you to all who attended. Our next workshop will be Compost Making, to be held on Monday, 8th December.

Happy planting
Janet and Donna

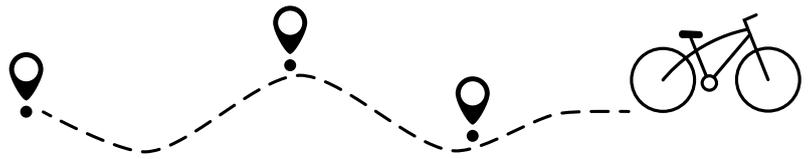
BIKE SHED NEWS



OKINES BIKE SHED
OPEN MON & THURS
11AM - 3PM
11AM-2PM LAST SUNDAY
OF THE MONTH

**BUY
FIX
REPAIR
DONATE
VOLUNTEER**

*CONCESSION RATES AVAILABLE
CALL 0450 138 478 FOR MORE INFO



We have maintained our regular bike repair, servicing and sales during the colder months. We have continued our student support through the servicing of school bikes and instructional sessions on site. Our dedicated volunteers have worked tirelessly to achieve high volumes of repairs. Our services include e-bike repair and maintenance and the assembly of new bikes from kits. We continue to offer a limited range of new and reconditioned bike parts.

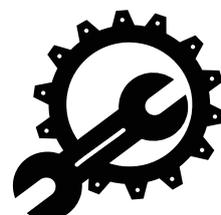
Reminders for spring:

- Hotter weather means sunhats for our students and volunteers
- Snakes may begin to move around from spring so be aware and alert.
- The Repair Cafe is on Sunday November 30th so bring along items in need of repair, maintenance or sharpening. The Bike Shed will be open for business, so call in.

We need your support to continue offering these services.

Happy cycling.

Katrina, John, and the Okines Bike Shed Team



CO-OP NEWS

A SNAPSHOT

FOOD CO-OP OPENING TIMES

We've extended our opening hours and are now open from 10am on Tuesdays!

Tuesday 10am - 5pm



Friday 9.30am - 1.30pm



Sunday 9.30am - 1.30pm

First Monday of the month 11am - 1pm

WE NEED YOUR



Please drop your jars to the co-op, **clean and free from labels!** To be used for bottling honey, peanut butter, maple syrup and more!



CO-OP COFFEE SHOP

When: Fridays 10am - 1pm

Where: Okines Community Garden

A place where you can pull up a stool around the big table and connect with each other. Meeting over a perfectly brewed coffee or a specialty tea made by our hosts, with delicious treats by our bakers, leads to lively conversations between friends and strangers alike. Stop over at the coffee shop, on the way in or out of the co-op!

Coffee shop events:

- **Open mics** are held on the 2nd Friday of the month from 10am - 1pm
- **Discussion forums** are held on the 4th Friday of the month from 11am - 1pm



UPCOMING SCHEDULE

October:

17th – CLOSED

24th – Brendan: coffee shop & discussion forum “What makes for a happy retirement”

31st – CLOSED

November:

7th – Bron & Sue (baking): coffee shop & conversations

14th – Brendan & Satyamo: coffee shop & open mic

21st – CLOSED

28th – Brendan & Sue (baking): coffee shop & discussion forum “Phobias”

FOOD CO-OP MEMBERSHIP

Become an **active** or **non-active member!** Active members volunteer 4-6 hours / month and receive a 10% discount on most goods. Regular volunteers in the Community House or Garden receive a 5% discount.

Membership fees:

\$20 per year / \$15 concession

\$100 lifetime membership

FOR MORE INFO, CONTACT US AT
OKINES.FOOD.COOP@GMAIL.COM



okinescommunityhouse.org.au/food-co-op/



@OKINESFOODCOOP

OR DROP IN DURING OUR OPEN TIMES!

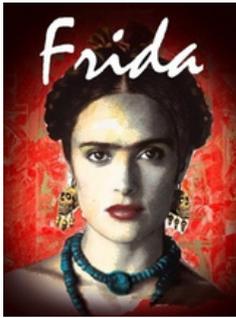
D'Ferry Flicks

Enjoy a film on the **third*** Saturday of the month

6.30pm for 7.00pm

at **Okines Community House**

— members \$35/\$25 for 12 months, or casual \$5 a month —

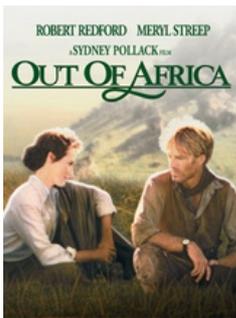


18 Oct 2025

Frida (2002, USA)

Drama MA15+ 123 minutes

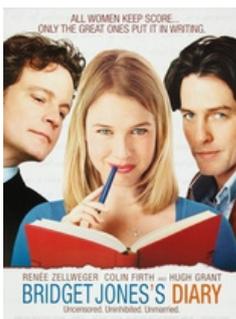
A biographical portrait of the tumultuous life of Mexican artist Frida Kahlo (1907–1954) starring Salma Hayek and directed by Julie Taymor. Frida and her husband Diego Rivera were renowned as political, artistic and social revolutionaries.



15 November 2025 Out of Africa (1985, USA)

Drama M 161 minutes

An Academy and BAFTA award winning film starring Meryl Streep and Robert Redford. Based on an autobiography by Danish author Karen Blixen who managed a Kenyan coffee plantation from 1914–1931.



20 December 2025

Bridget Jones's Diary (2001, Britain)

Romantic comedy M 96 minutes

Starring Renee Zellweger, Colin Firth and Hugh Grant. Based on the book by Helen Fielding, it is satire depicting a 32-year-old single woman in London looking for love.

Dodges Ferry Film Society is a volunteer-run initiative of Okines Community House Inc and a member of the Tasmanian Federation of Film Societies.

Film nights begin at 6.30pm with a complimentary drink and some shared nibbles. Members bring a small plate of food to contribute to our share table. If you like, bring your camp chair, cushion or a rug for comfort. The film screens at 7pm.

Future film ideas welcome! Check our page on the Okines website at okinescommunityhouse.org.au or phone the Okines office on 6265 7016 for details. Keep in touch with **D'Ferry Flicks** on Facebook, Instagram or by email.

* **February to December**. We have a break in January. An advertised film or screening date may change from time to time due to film licensing or film/venue availability.

WEEKLY ACTIVITIES @ OKINES



MONDAYS

Garden Tucker
10am - 1pm
(1st Monday of the month)

Knit & Natter & Sew
10:30am - 12:30pm

TUESDAYS

Tai Chi - 10am - 11am

Open Craft & Chat Group
10am - 12:30pm
(2nd & 4th Tuesday of the month)

Card Group - 1pm - 3pm

Mahjong Group
12pm - 2pm
(2nd & 4th Tuesday of the month)

Rhythm & Beaches Singing Group
7pm - 9pm

WEDNESDAYS

Okines Social Painting Group
10am - 1pm

Community Pantry
1:30pm - 4pm

Sacred Women's Drum Circle
6pm - 7pm
(2nd, 3rd, and 4th Wed of Oct & Nov - bookings req'd)

THURSDAYS

Homemade for the Holidays
12pm - 2:30pm
(starts Oct 30th)

Okines Book Club
12pm - 2:30pm
(2nd Thursday of the month)

Dance Club
6pm - 7pm

Okines Guitar Circle
6pm - 8pm
(Last Thursday of the month)

FRIDAYS

Eating with Friends
12pm - 2pm
(Last Friday of the month)

Southern Beaches Spinners & Fibre Group
10am - 1pm
(2nd & 4th Friday of the month)

SATURDAYS

Dodges Ferry Flicks
6:30pm
(3rd Saturday of the month)

SUNDAYS

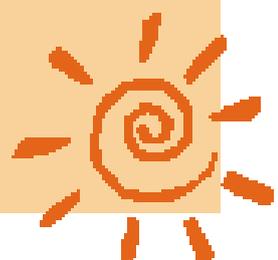
Repair Cafe
11-1pm
November 30th

SPECIAL EVENTS

**Community, Connection & Resilience
in the Southern Beaches**
Nov 17th

Friday Night Soiree
Dec 5th

Composting Workshop
Dec 8th



Please join us for dinner and an evening of stories about

COMMUNITY CONNECTION & RESILIENCE IN THE SOUTHERN BEACHES



17TH NOV

6:00-8:30pm

Bookings Required

Okines Community House
540 Old Forcett Rd,
Dodges Ferry



Join us at Okines for an interactive evening of storytelling and discussion, as we look at our stories from the past and how our experiences help us prepare for the future.

03 6265 7016

info@okinescommunityhouse.org.au

Okines Souree



OKINES COMMUNITY HOUSE

540 Old Forcett Rd, Dodges Ferry

CAN YOU HELP?

info@okinescommunityhouse.org.au

FOOD, DRINK

LIVE MUSIC



FRIDAY
DEC 5

FROM
4 PM

Okines Community House



HOMEMADE FOR THE HOLIDAYS

Sewing & Crafts Workshops

Join us at Okines for 4 Thursdays in the lead up to the Holidays, to make some homemade gifts and decorations.

Learn & use basic sewing skills to make toys & decorations for the holidays. All materials will be provided though you are welcome to bring your own craft supplies & projects to work on.

STARTS THURSDAY | 12PM - 2:30PM
OCT 30TH

(Oct 30th, Nov 6th, 13th & 20th)

No skills or experience necessary. FREE to attend & no bookings necessary. All welcome. Suitable for ages 18+

info@okinescommunityhouse.org.au



OKINES WILL BE

CLOSED

FOR THE

Holidays!

FROM 21 DECEMBER
TO 6 JANUARY



Okines

GARDEN TUCKER

Join us in the Okines Community Garden on the first Monday of every month, 10am - 1pm for an interactive working bee with live music and a shared lunch!

10am - 1pm on the first Monday of the month

Everyone welcome

Gold coin donation

info@okinescommunityhouse.org.au

03 6265 7016



Monday Dec 8th
Okines Community Garden
10am - 11:30am

OKINES COMPOSTING WORKSHOP

Learn the basics of composting and how you can do this in your own garden at home, helping you to keep your garden healthy & happy.

This is a FREE event. No bookings necessary & all are welcome to attend.

We recommend that you dress in comfortable clothes for the garden and bring water and wear a hat.

Gloves & face masks will be provided.



info@okinescommunityhouse.org.au



VOLUNTEER AT OKINES

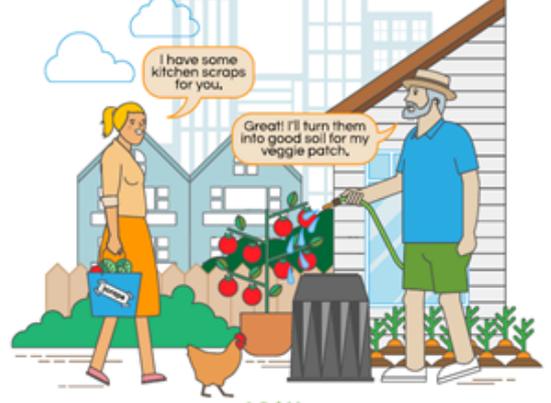
Help make a difference in your local community and have some fun while sharing your special skills, time and energy! So come and talk to us, we'd love to hear how you might like to get involved!

Can you help with?

- Gardening
- Cooking
- Bike Repair
- Food Co-op
- Events
- Graphic Design
- Breakfast Club
- Photography
- Hosting Activities
- And more!

03 6265 7016 info@okinescommunityhouse.org.au

DON'T THROW IT. GROW IT!



JOIN SHAREWASTE.COM FOR FREE!

MEET YOUR NEIGHBOURS
RECYCLE YOUR ORGANIC WASTE
GROW PLANTS AND VEGGIES

sharewaste.com
facebook.com/sharewaste instagram.com/sharewaste



Did you know that Okines is an official ShareWaste recipient? This means that you can bring your compostables (food scraps, grass clippings, shredded paper etc) to Okines Garden to put in our compost. We then use the compost to make more soil and grow produce which can be distributed to the community.

You can find out more about how ShareWaste connects people who want to recycle their food scraps with neighbours by visiting <https://sharewaste.com/>.

SACRED WOMEN'S DRUM CIRCLE

Drums have been used in ancient cultures to build resilience, increase health benefits and foster connection.



Join us here at Okines for an 8-week course led by Mara Lovrin exploring the therapeutic powers of a sacred women's drum circle.

Bookings are required as limited spaces are available. No experience is necessary. Suitable for ages 18 yrs +

WEDNESDAY 6PM - 7PM
(2nd, 3rd and 4th Wed of the month)

OKINES COMMUNITY HOUSE
Terrapin Room

\$75 FOR 6 WEEKS
Bookings Required

*Starting Oct 15th



info@okinescommunityhouse.org.au

OKINES GUITAR CIRCLE

Monthly jam nights



Last Thursday of the month
6pm - 8pm

BYO Instruments & Vocals
Open to all levels and abilities

BYO instrument and a song, riff or melody to share with the group. The guitar circle aims to collaborate, improvise and learn from each other. Hosted by local musician Sam Smets, come along to Okines Song Circle and join us for some tunes! No need to book, just come along and have some fun! Gold coin donations appreciated.

info@okinescommunityhouse.org.au



Starting June 5th

DANCE Club



Thursdays
6pm - 7pm
By Donation

Okines
Community House
All welcome



This is free dance, so any style you want. Dress comfy, fancy or however you feel! The only rule of Dance Club is that we are here to dance, so please have your conversations outside.

We are also looking for DJs for future sessions, so get in touch if you're keen to create to make a playlist or DJ for a future session.

info@okinescommunityhouse.org.au

Rhythm & Beaches

Social Singing Group

Tuesdays
7pm - 9pm

Rhythm & Beaches is a local community singing group that meets at Okines Community House every Tuesday, except during school holidays.

Okines Community House
Free to Attend
All Welcome

Songs range from a wide variety of popular music and the group is open to all, no experience necessary.

For more info contact
Merv Haines 0417462310



Okines
Community
House



\$2 per visit



10:30AM -
12:30PM



540 Old Forcett
Road, next to the
Dodges Ferry
Primary School.

KNIT & NATTER

*A weekly group open to
all community members*

Learn to knit, sew or crochet from scratch, improve your skills or teach others what you know. From novice to expert, everybody is welcome! Bring a project you are working on or knit for a cause. Wool and needles can be provided.

Drop in anytime on a Monday between 10.30am to 12.30, tea and coffee provided, the nattering is up to you! Phone 6265 7016 for more information or email:

info@okinescommunityhouse.com.au

OPEN CRAFT & CHAT GROUP



2nd and 4th Tuesday of
the month

10am - 12.30pm

Okines Community
House

Free to attend & all
Welcome



This group is for anyone that
has a love of crafting, creating
and chatting!

So come along bring your
current project or anything
you are wanting to work on and
help inspire and learn from
each other!

info@okinescommunityhouse.org.au



Okines Social Painting Group

Meet some new people & spark your creativity at our fun and friendly social painting group!

All are welcome to join and no bookings are necessary!

- Every Wednesday 10am - 1pm
- Okines Community House
- Cost \$3
- BYO Supplies
- Morning Tea Provided



For more info contact:
info@okinescommunityhouse.org.au



OKINES COMMUNITY HOUSE



SPINNERS & WEAVERS

Join our friendly local members of the Handweavers, Spinners & Dyers Guild Tasmania Inc. on the 2nd and 4th Friday of the month here at Okines. \$3 to attend goes towards the cost of the room.

2nd & 4th Friday of the month
10am - 1pm

HWSD
Handweavers, Spinners and Dyers Guild Tasmania Inc.

info@okinescommunityhouse.org.au





BOOK CLUB

2nd Thursday
of the Month

12PM -
1:30PM

Okines Community
House

Bring a plate to share
and come along for a
good book chat! Titles
alternate between
Library provided books
and discussing current
reads. Free to attend
and all welcome.

03 6265 7016



Eating With Friends 2025 Okines Community House

Join us for a nutritious 2 course meal and meet new people.

COST IS \$10 FOR 2 COURSES. BOOKINGS ESSENTIAL PH 62657016

February 28th March 28th

May 30th June 27th

July 25th August 29th

September 26th October 31st

November 28th December 12th



OKINES MAHJONG GROUP

2nd & 4th Tuesday of
the month
12pm - 2pm

Okines Community House
Free to attend
All welcome

info@okinescommunityhouse.org.au



COME & PLAY

OKINES CARD GROUP



Join us on the 2nd Tuesday of each month and play a game
of 500. \$2 goes towards the cost of the room

2ND TUESDAY OF
THE MONTH | 1PM- 3PM

Okines Community House
540 Old Forcett Rd, Dodges Ferry
03 6265 7016

\$2
TO
PLAY

info@okinescommunityhouse.org.au



OKINES BIKE SHED

OPEN MON & THURS

11AM - 3PM

11AM-2PM LAST SUNDAY
OF THE MONTH



BUY
FIX
REPAIR
DONATE
VOLUNTEER

*CONCESSION RATES AVAILABLE

CALL 0450 138 478 FOR MORE INFO

Okines Breakfast Club

Looking for
volunteers for
Term 4

Tuesdays & Thursdays
8:30am - 9:00am

The Okines Breakfast Club operates in partnership with Dodges Ferry Primary School, providing breakfast to local kids twice a week during term time.

This important program is run by our amazing volunteers and is supported by our Local Richmond Bakery, Banjo's Sorell, Homelands Property, the Tasmanian Government. Thank you all for helping to keep this important program running.

Proudly supported by



OKINES COMMUNITY PANTRY



Join us every Wednesday at Okines for Community Pantry (formerly Food Assistance Program), where members of the local community can come and get some FREE groceries. No need to call or register, just come along, grab some food and maybe stay for a cuppa. Leftovers will be put in the outdoor fridge, which is accessible 24/7.



WEDNESDAYS
Every week



STARTING
1:30pm - 4:00pm

ALL WELCOME

Fresh Food

Frozen Meals

Groceries

STARTS
@
1:30PM



Okines Community House
03 6265 7016



Our Location
540 Old Forcett Road, Dodges Ferry

No Interest Essentials Loans

- ▶ Car repairs
- ▶ Fridges & freezers
- ▶ Computers & tablets
- ▶ Home furniture
- ▶ Medical & dental services
- ▶ Ask us!

No interest loans

Now up to \$2,000

No credit checks

Minimum repayment
\$20 per fortnight

Call 1300 301 650

www.nilstasmania.org.au

Embody your inner health

MELT Method Class

Thursday 9am - 10am

Okines Community House -
in the Terrapin room



TERM 4 starts Thursday 16 Oct

Experience MELT: a hands-off bodywork method using specialized soft rollers and balls to build resilience, boost performance, and support a pain-free, active life – while gaining a deeper understanding of your body.

\$180 for 9 weeks or \$25 casual

(No class on Show day, 23 Oct)



Contact Salomé 0437 405 213

fromwithin.com.au



Note:
Previously
Wednesdays, moving
to Tuesdays as of
July 1st

TAI CHI

with Sue Duffy



Tuesdays
10am - 11am
Cost \$5

Okines Community House

Tai Chi is an effective exercise for health & wellbeing. People of any age and fitness level can enjoy Tai Chi and gain positive health benefits. No special equipment required, please wear comfortable clothes



info@okinescommunityhouse.org.au

PRANA YOGA AND PILATES



Classes.

Okines Community House

- Monday 5:30pm - 6:30pm
- Gental Restorative Yoga
- All levels welcome



0467 197 499



jackiegraham@iinet.net.au

Casual Class \$20

Okines Chair Yoga



Fridays 1:30 - 2:30pm
at

Okines Community House,
Terrapin Room,
540 Old Forcett Rd,
Dodges Ferry

Boost your fitness, strength, flexibility,
balance, and breathing
in a gentle, fun, and supportive class
that helps you relax,
feel great and move with ease.

\$15 per class or
6 class pass for \$65

BreathingTreeYoga.com.au

elanaroseyoga@gmail.com

Elana Rose - 0412 451 192

Breathing Tree Yoga

Dances of Universal Peace

...aresimpleto learn circle danceswhichare uplifting, meditative and joyous, combining sacred song, chants and live music



All songs & dances are fully taught, no experience necessary.

"If you can talk you can sing, if you can walk you can dance!"
Zimbabwean proverb

First Wednesday of each month (except January)
Okines - TerrapinRoom
540 Old Forcett Road, Dodges Ferry
7 - 9pm

\$15 / \$10concession EnquiriesPh0400051963
Offered by Nicola Amina Bush, certified leader of Dances of Universal Peace



SHHH...

Sunday Session Sound Healing

Come and Quieten your Mind with Sound and Relaxation
Starting with Yoga Nidra - Guided Relaxation
Absorbing the Healing Sound Waves from
Crystal Chakra Singing Bowls,
Steel Tongue Drum, Shamanic Drum
and Zaphir Chimes.



Sunday 1 June, 27 July, 28 Sept & 30 Nov
3:33 - 4:44pm

Okines Community House,
540 Old Forcett Rd, Dodges Ferry

Experience deep relaxation for just \$25
Join us for an immersive sound healing session designed
to clear energetic blockages, restore inner balance,
and leave you feeling refreshed and renewed

To book go to

BreathingTreeYoga.com.au



SLOW SKILLS SUNDAY, NOV 16TH

Experience Day 10AM-2PM

@smalltownexperiences

OKINES COMMUNITY HOUSE

Join us for a day of
connection and
creativity



Workshops include:

- Woodcraft with Matt from Wisdom Through Wood
- Lacto - Fermentation with Chloe Aba
- Caring for land through Fire - with Jason Smith

Sliding bar scale \$88 to \$188
materials and snacks included

All profits are reinvested into
supporting Small Town Market

Come be part of something
regenerative, creative, and
community-powered

Contact
hello@smalltownexperiences.com.au
secure your spot. Places are limited!



SUNDAY, DECEMBER 14TH

10AM-2PM

SUMMER EDITION

SMALL TOWN MARKET

Celebrating the change of seasons,
with a focus on art, community, culture and nature

Free entry



brought to you by
Small Town Experiences

OKINES COMMUNITY HOUSE Dodges Ferry

artisans \ live music \ food vans
local produce \ kids activities
workshops \ and much more

@smalltownexperiences

smalltownmarket.com.au



WEED MANAGEMENT PLAN



HAVE YOUR SAY & HELP SHAPE SORELL'S WEED MANGEMENT PLAN!

Sorell Council has drafted a Weed Management Plan to guide how we tackle invasive plants across our community over the next 15 years. Weeds threaten our natural environment, farming, and community spaces, and this plan sets out a clear path to protect our land, waterways, and biodiversity.

We want to hear from you:

- How do you manage weeds in your area?
- How can we work collaboratively to manage weeds?
- How do you want us to invest our resources in managing weeds?

Talk to us at our pop ups!

Midway Point Hall
16 Oct: 4pm - 6pm

Nugent Hall
17 Oct: 4pm - 6pm

Copping Hall
20 Oct: 4pm - 6pm

Okines Community House
24 Oct: 4pm - 6pm

Scan the QR code to find our more & Have Your Say



NIPAKAWA STEINER SCHOOL

Nipakawa means 'wave' in palawa kani, the language of the Tasmanian Aborigines.

ENROLLING NOW FOR 2026

NewSteiner primaryschool in Carlton in the Southern Beaches of Hobart.



Learn more:

www.nipakawa.tas.edu.au

admin@nipakawa.tas.edu.au

SOUTHERN BEACHES

LANDCARE COASTCARE



COMMUNITY CARING FOR COAST AND COUNTRY



Our volunteers meet monthly at Okines to plan projects, working bees & other activities to protect & restore the natural values of our special coastal neighbourhood.

For more information or to get involved, visit our website, facebook page or get in touch via the details below.



CONTACT US

southernbeachescoastcare.org.au

facebook.com/sbcoastcare

southernbeaches@landcaretas.org.au



STORIES THAT CONNECT US:

A Hobart human library community reading

Come hear A Fairer World trainer, Zelah, talk about the power of storytelling, and how lived experiences of discrimination are integral to diversity and inclusion training programs. Hear two living 'books' from the Hobart human library as they share their experience of sharing lived experience to educate and inspire change.



MONDAY, 3 NOVEMBER 2025



12:30 PM - 1:30 PM

OKINES COMMUNITY HOUSE

540 Old Forcett Road, Dodges Ferry, TAS

RSVP Free Tickets:

www.trybooking.com/DGEJK

Contact 6223 1025 for any further information



This event is delivered by A Fairer World, the only training provider in lutruwita/Tasmania with lived experience advocates, across all areas of discrimination. We provide training one story at a time.

This event is funded Sorell Council.



RSVP Free Tickets:



FOR THE
By the community
COMMUNITY

Contact us

PHONE: 03 6265 7016

Email:

info@okinescommunityhouse.org.au

Address: 540 Old Forcett Road,
Dodges Ferry, 7173

Webpage:

okinescommunityhouse.org.au

Facebook:

facebook.com/okinescommunityhouse

ABN: 99433272191

OKINES COMMUNITY HOUSE HOURS:

Monday - 9am to 3pm

Tuesday - 9am to 3pm

Wednesday - 9am to 4pm

Thursday - 9am to 4pm

Friday - 9am to 3pm

OKINES COMMUNITY GARDEN:

Monday - 8am to 1pm

Wednesday - 8am to 1pm

Friday - 8am to 1pm

Email: okinesgarden@gmail.com

OKINES FOOD CO-OP:

Tuesday - 10am to 5pm

Friday - 9.30am to 1.30pm

Sunday - 9.30am to 1.30pm

Email: okines.food.coop@gmail.com

OKINES BIKE REPAIR SHED:

Monday - 11am to 3pm

Thursday - 11am to 3pm

Phone: 0450 138 478

DODGES FERRY FILM SOCIETY:

Regular screenings are held on the 3rd Saturday of each month, plus special events. Go to @dferryflicks via Facebook or on messenger to see more information about upcoming films.



Internet & Computer access:

Computers are available for internet access during opening hours. Internet and scanning are free of charge, printing charges as below:

Black & White Photocopying/Printing:

Using our paper A4 & A3 = 20c / 40c

Using Own paper A4 & A3 = 10c / 20c

Colour Photocopying/Printing:

Using our paper A4 = 50c & A3 = \$1.00

Own paper A4 = 25c & A3 = 50c

Laminating: A4= \$1.00 each A3= \$2.00 each

Centre Hire:

Various rooms available at reasonable prices, contact us for further details. *Note: you must have public liability insurance to hire any of our spaces.*

Trailer Hire:

Okines has a small 6 x 4 box trailer for hire at \$10 per day, \$25 for weekend rental. Some conditions apply. Please contact us & book.

Book Library:

No cost to borrow, books are located both inside the house and in the garden. Seeds are also available at the outdoor library.

Coffee Machine:

Grab a delicious cappuccino, latte or hot chocolate for only \$2 to support Okines Community House fundraising efforts.

Information, support & referral services:

Okines has a range of information pamphlets and books and can listen and support you with issues of concern and refer you to other services if required.

OKINES BOARD MEETINGS

Okines Community House Board of Management meets every month. If you are interested in joining the Board, have any questions about Okines and what we do or ideas for the future, please contact us.