

OKINES

Community Garden Volunteer Registration Form

All information will be kept confidential.

Personal details

Name _____ Gender _____ Today's Date ___/___/___

Address _____
_____ post code _____

Home phone _____ Work/ mobile phone _____

Email address _____ Date of birth ___/___/___

Relevant health or physical information (eg pre-existing injuries)? _____

In case of emergency, please notify _____ Phone _____

Relationship to you _____

What days and times are you available?

	Times
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

How often do you want to participate?

- Once or more a week
- Once a fortnight
- Once a month
- Special projects/ events

What activities would you like to be involved with at the Community Garden?

- Gardening
- Nursery
- Infrastructure
- Compost/ worm farm
- School groups
- Garden tours
- Facilitating workshops
- Administration/ office work
- Writing articles for newsletter
- Mail outs
- Promotion/ publicity/ media
- Stalls/ displays at events
- Organising events
- Research
- Arts projects
- Others _____

What are your reasons for volunteering? _____

What do you want to gain from volunteering at the community garden? _____

What skills, knowledge, and experience could you contribute through volunteering? _____

Please sign the book in the shed every time you start any work in the garden. If this is your first time here get one of the co-ordinators to show you around.

GUIDELINES for volunteering...

We encourage community gardeners to work safely, and to take reasonable care to protect their own health and safety by:

- Working within their own personal limitations to avoid injury to themselves and others;
- Ensuring that they don't overload wheelbarrows;
- Following back care guidelines when lifting;
- Keeping the garden area tidy;
- Wearing sun hats, sunscreen, gloves and protective footwear as required (sunscreen and gloves can be found in the shed);
- Following guidelines on handling potting mix and compost – ie wear gloves and keep products moist to avoid breathing dusts, and particles when handling. Wash hands immediately after use.

We encourage gardeners to ensure that their tetanus vaccinations are up to date.

This is a great place for children but they do need to be supervised by parents or caregivers. Because of the risks of breathing in dust and particles, kids must not use the soil, compost or manure piles for digging in (there is a sand pit by the gum tree for digging), and should wear shoes at all times.

There is a first aid kit in the shed, please talk to the co-ordinators and complete an incident report form if any first aid is required.

Volunteers are encouraged to discuss ideas, visions and concepts with the coordinators so that the garden continues to evolve and grow from the voices of the community.